


# Golden Berries / Kapbrusbär

This is Precious. Size clearly doesn't matter. Our Golden Berries - as small as they are - have huge flavor. All organically grown and sun-dried, they are rich in energy and naturally sweet. Golden Berries are the ultimate fruit.

100% Pleasure, 0% Guilt



 No hands in our bags!  
Your berries retain their juiciness when you reseal the package after your last handful. Our products are 100% pure so keep them precious & packaged.

## Ingredients/Ingredienser:

**Organic golden berries\*** (*physalis\**)/**Ekologiska kapbrusbär\*** (*physalis\**), No additives/Utan tillsatser. May contain traces of **peanuts** and **treenuts**/Kan innehålla spår av **jordnöt**, **mandel**, **hasselnöt**, **paranöt**, **pistagenöt**, **pekannöt**, **valnöt**, **macadamianöt** och **cashewnöt**.

**Country of Origin/Ursprungsland:** Peru

<b>Nutritional values/Nutritionsvärden:</b>	<b>(per 100 g)</b>	<b>(per serving/ per portion 28g)</b>
Energy/Energi:	1395 KJ/325 Kcal	391 KJ/91 kcal
<b>Fat/Fett:</b>	0.4g	0.1g
Saturated/Mättat:	0.2g	0.1g
<b>Carbohydrates/Kolhydrater:</b>	60g	16.8g
Mono - and disaccharides/ Mono- och disackarider:	25g	7.0g
Dietary fibre/Kostfiber:	14.4g	4.0g
<b>Protein/Protein:</b>	6.8g	1.9g
<b>Salt/Salt:</b>	0.0g	0.0g

## Vitamins/Vitaminer

Vitamin C: 20mg (33% DRI)\*\* 5.6mg(9% DRI)\*\*

\* Organic ingredient/Ekologisk ingrediens.

\*\* Reference intake for an average adult/Referensintag för en genomsnittlig vuxen (8 400 kJ/2 000 kcal).

**Warning/Varning:** Potential choking hazard to small children/Tänk på att små barn lätt kan sätta innehållet i halsen/May contain **nut shell residue/Skalrester** kan förekomma.

**Storage:** Once opened, please keep me somewhere away from direct sunlight. Store me in a cool, chilled-out place. I'm not a vampire though, promise.

**Förvaring:** Förvaras torrt och svalt.

**Go Nuts & Shop Nuts!**

[www.thisisnuts.co](http://www.thisisnuts.co)

**Contact us at**

[info@thisisnuts.co](mailto:info@thisisnuts.co)

**This is Nuts Sweden AB**

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692 21 Kumla



Weight/Vikt: Lot nr.:

Net Weight/Nettovikt:

Use by date/Bäst före:



icke-EU-jordbruk  
SE-EKO-01