

Valencia Almonds/Valencia Mandlar

These 100% organic Valencia almonds sunbathed in the orchards of Spain until ripe for harvest, then being plucked and dried to create the creamiest, chewiest nut, full of flavor.

100% Pleasure, 0% Guilt!



Mindful Eating: Did you know that nuts have pores and therefore absorb a tiny bit of what comes in to contact with them? That's why our bags have been specially designed to keep hands out & deliciousness in!

Valencia almonds/Valencia mandlar.

Contains naturally occurring sugars/Innehåller naturligt förekommande socker.

Ingredients/Ingredienser: Organic Almonds*/Ekologiska Mandlar*

May contain traces of peanuts and treenuts/Kan innehålla spår av jordnöt, mandel, hasselnöt, paranöt, pistagenöt, pekannöt, valnöt, macadamianöt och cashewnöt.

Country of Origin/Ursprungsland: Spain/Spanien

Nutritional values/Näringsvärden	(Per 100 g)	(Per serving/Per portion 42 g)
Energy/Energi (kcal):	3080 KJ/734 Kcal	999 KJ/242Kcal
Total fat/Totalt fett (g):	49.7g	20.9
Saturated Fat/Mättat fett (g):	3.7g	1.6
Mono-unsaturated/Enkelomättad (g):	30.7g	12.9
Poly-unsaturated/Fleromättade (g):	12.1	5
Total Carbohydrate/Totalt kolhydrater (g):	7.4	3.1
Sugars/Sockerarter (g):	3.9	1.6
Fibre/Fiber (g):	14.3	6
Protein (g):	21	8.8
¹Salt (g):	0.03	0.01
Vitamins/Vitaminer (mg):		
Vitamin E:	26mg (216% DRI)**	10.9mg (90% DRI)**
Minerals/Mineraler (mg):		
Calcium/Kalcium (Ca):	248mg (31% DRI)**	104.1mg (13% DRI)**
Iron/Järn (Fe):	4mg (29% DRI)**	1.7mg (12% DRI)**
Phosphor/Fosfor (P):	4174mg (500% DRI)**	1753mg (210% DRI)**
Potassium/Kalium (K):	728mg (36% DRI)**	305.8mg (15% DRI)**

* Organic ingredient/Ekologisk ingrediens.

¹The content of salt is exclusively due to naturally occurring sodium/

Salthalten beror uteslutande på naturligt förekommande natrium.

Reference intake for an average adult/Referensintag för en genomsnittlig vuxen (8 400 kJ/2 000 kcal).

Warning/Varning:

Potential choking hazard to small children/

Tänk på att små barn lätt kan sätta innehållet i halsen.

Storage: Once opened, please keep me somewhere away from direct sunlight.

Store me in a cool, chilled-out place. I'm not a vampire though, promise.

Förvaring: Förvaras torrt och svalt.

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Vikt: Lot nr.:

Nettovikt:

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