


Coconut Chips/Kokoschips

Hand-toasted until slightly golden-brown, these organic coconut chips deliver a crunch so full of flavor they'll turn any dish into a masterpiece. They are also a delicious, guilt-free snack on their own.

100% Pleasure, 0% Guilt!



 **Mindful Eating:** Calm your mind and soul. Reseal these special bags that help keep the deliciousness for as long as possible (& keep hands out) to minimize oxidation of the special ingredients. Enjoy!

Contains naturally occurring sugars/Innehåller naturligt förekommande socker.
Ingredients/Ingredienser: Organic coconut*/Ekologisk kokosnöt*, No additives/
Utan tillsatser.

May contain traces of peanuts and tree nuts/Kan innehålla spår av jordnöt, mandel,
hasselnot, paranöt, pistagenöt, pekannöt, valnöt, macadamianöt och cashewnöt.

Country of Origin/Ursprungsland: Sri Lanka/Sri Lanka

Nutritional values/Näringsvärden	(Per 100 g)	(Per serving/Per portion 28 g)
Energy/Energi (kcal):	2780 KJ/662 Kcal	778 KJ/185 kcal
Total fat/Totalt fett (g):	58.9	16.5
Saturated Fat/ Mättat fett (g):	55.7	15.6
Carbohydrate/Kolhydrat (g):	25.3	7.1
of which sugars/varav sockerarter (g):	4.4	1.2
Fibre/Fiber (g):	5.7	1.6
Protein (g):	7.6	2.1
¹ Salt (g):	0.003	0.001
Minerals/Mineraler (mg):		
Sodium/Natrium:	113mg (22% DRI)**	31.6mg (6% DRI)**
Iron/Järn (Fe):	2.4mg (17% DRI)**	0.7mg (5% DRI)**
Phosphor/Fosfor (P):	113mg (16% DRI)**	31.6mg (5% DRI)**
Potassium/Kalium (K):	356mg (17% DRI)**	100.5mg (5% DRI)**

* Organic ingredient/Ekologisk ingrediens.

¹The content of salt is exclusively due to naturally occurring sodium/
Salthalten beror uteslutande på naturligt förekommande natrium.

** Reference intake for an average adult/Referensintag för en genomsnittlig vuxen

Warning/Varning: Potential choking hazard to small children/Tänk på att små barn lätt kan sätta innehållet i halsen/May contain **nut shell residue/Skalrester** kan förekomma.

Storage: Once opened, please keep me somewhere away from direct sunlight.

Store me in a cool, chilled-out place. I'm not a vampire though, promise.

Förvaring: Förvaras torrt och svalt.

Go Nuts & Shop Nuts!
www.thisisnuts.co

This is Nuts Sweden AB
Contact us at:
+46 (0) 8 515 100 21
info@thisisnuts.co



Weight/Vikt:

Lot nr.:

Net Weight/Nettovikt:



Best before/Bäst före:

icke-EU-jordbruk
SE-EKO-01